Open questions in FLASH therapy for a successful clinical translation

Sébastien Penninckx Institut Jules Bordet – H.U.B







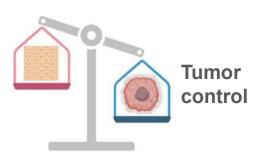
Introduction to radiation therapy



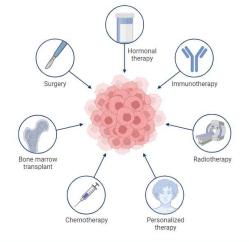






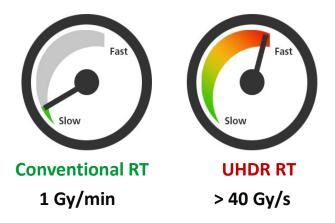


Strategy 1: To increase tumor sensitivity to radiation without any additional effect on normal tissue



Probability 8.0 NTCP **TCP** 0.6 0.4 0.2 100 Dose(Gy) 80

Strategy 2: To increase normal tissue resistance to radiation without any additional effect on tumor





Flash effect



FLASH-RT limits radiation induced-toxicities while being isoeffective on tumors compared to conventional-RT



Montay-Gruel et al. 2017 Montay-Gruel et al. 2018

Simmons et al. 2019

Allen et al. 2020

Alleli et al. 2020

Montay-Gruel et al. 2020

Alaghband et al. 2020

Lung:

Favaudon et al. 2014

Girdhani et al. 2019

Fouillade et al. 2020

<u>Skin</u>:

Field et al. 1974

Inada et al. 1980

Soto et al. 2020

Cunningham et al. 2021

Velalopoulou et al. 2021

Tinganelli et al. 2022

Gut:

Levy et al. 2020

Diffenderfer et al. 2020

Evans et al. 2021 Kim et al. 2021

Ruan et al. 2021



Schoenauen al. 2024



Montay-Gruel et al. 2019 Beyreuther et al. 2019

Pawelke et al. 2021



Vozenin et al. 2019 Rohrer Bley et al. 2022



Vozenin et al. 2019 Rohrer Bley et al. 2022



Kondradsson et al. 2021 Velalopoulou et al. 2021

Electrons; **Protons**; **Photons**; **Carbon** ions



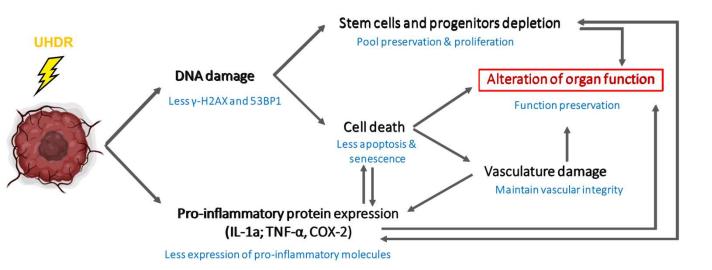
Biological features of FLASH irradiation

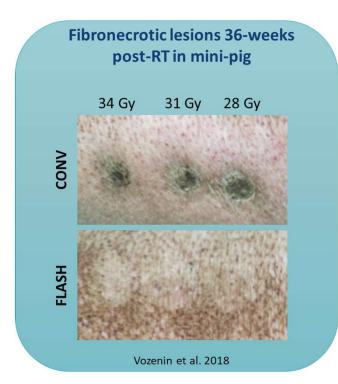






Pathogenic mechanisms induced by radiation is modulated by UHDR irradiation







FLASH facility at H.U.B







Mobetron by IntraOp

	CONV mode	UHDR mode		
Energy [MeV]	6/9/12	6 or 9		
Mean dose rate [Gy/s]	0,1	1 - 250		
Pulse width [μs]	1.2	0.5 – 4.0		
Pulse frequency [pps]	30	10 - 120		
Instantaneous dose rate [Gy/s]	4.10³	≈ 10 ⁵		
Dose delivery	Monitor Units	# of pulse and distance		
Dose control	Dual Ion Chamber	FLASH-IQ [™] Advanced Dosimetry		



Cherenkov Effect



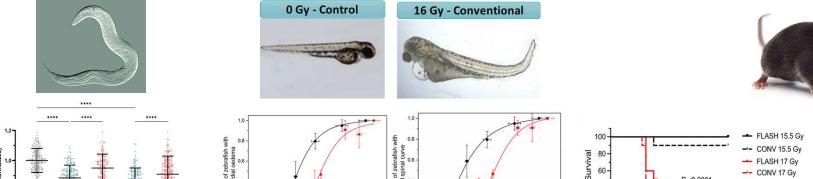
Mobetron Clinical Electron IORT System



FLASH results with Mobetron

Dose [Gy]





Schoenauen et al. CTRO (2024)

Data from Nina Blond (H.U.B)

Valdes Zayas et al. Cancers (2023)

12th ISIORT conference

UHDR 9MeV
Conventional 9MeV

8 10 12 14 16 18 20 22

Dose [Gy]



What do we know, what do we don't know?





- ✓ Demonstrated with various ionizing radiation
- **✓** Demonstrated in multiple pre-clinical models
- ✓ Demonstrated in single dose and hypo-fractionated regimen



- X Data regarding tumor control
- X Mechanism(s) responsible for the FLASH effect
- X Volume effect
- X Optimal beam parameters to trigger the FLASH effect
- X Late toxicity data
- X Fractionation schedule
- X Multi-field irradiation
- X Optimal tools for robust FLASH dosimetry



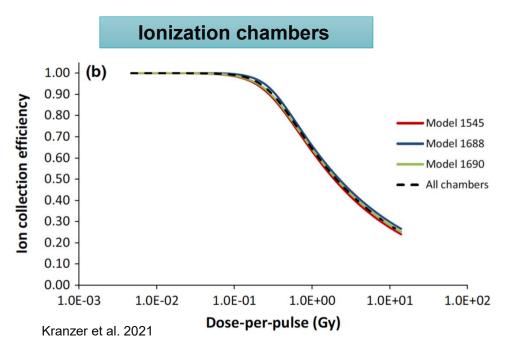
Which tools do we have to use for dosimetry?







Physics of UHDR beams differ from conventional ones → Dedicated tools have to be used





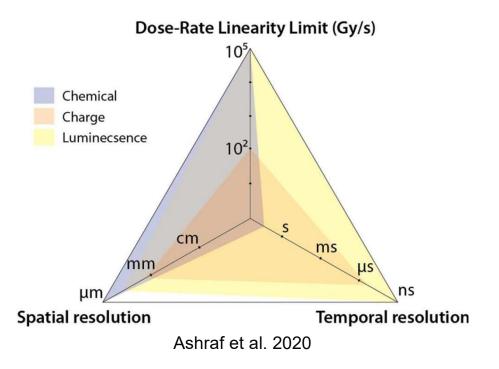


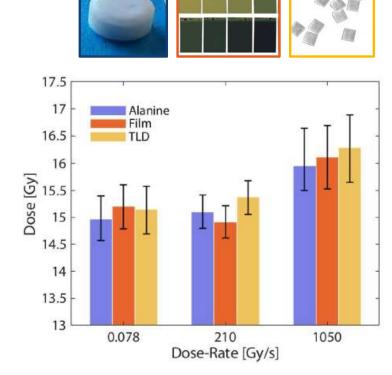
Usual tools need correction factors!



Which tools do we have to use for dosimetry?







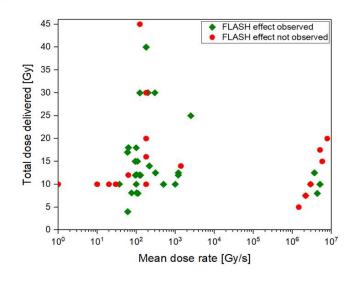
All detectors were found to agree within 3% at conventional and FLASH dose-rates, indicating excellent dose-rate independence

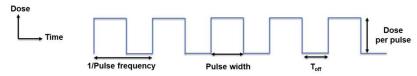
Jorge et al. 2019



Which tools do we have to use for dosimetry?





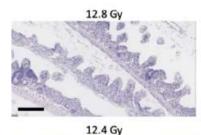


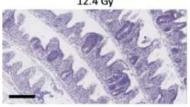
For a given mean dose rate and total dose, you can modulate 7 parameters :

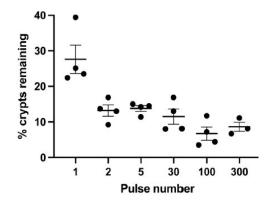
- ✓ Pulse frequency
- ✓ Pulse width
- ✓ T off between pulse
- ✓ Number of pulses
- ✓ Total delivery time
- ✓ Dose per pulse
- ✓ Dose rate per pulse

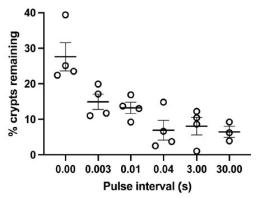
C3H mice model











Ruan et al. Int. J. Radiat. Oncol. (2022)

H.U.B



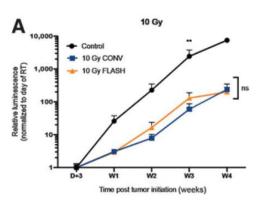
What is the impact of fractionation?

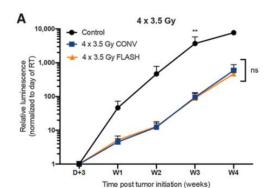




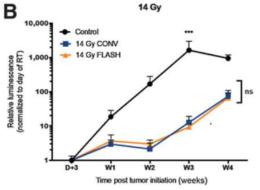


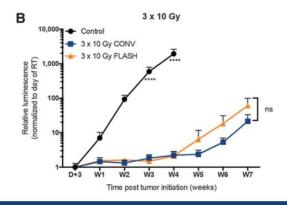
H454 orthotopic glioblastoma model

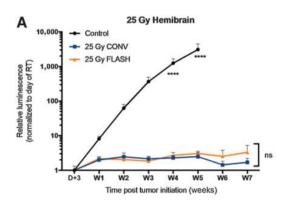


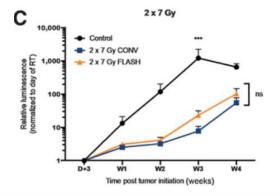














What is the impact of fractionation?

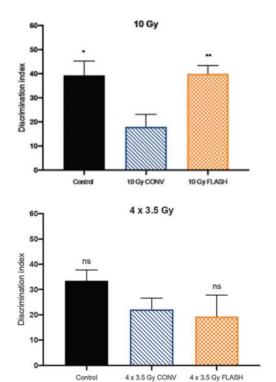


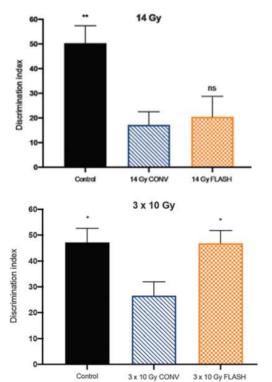


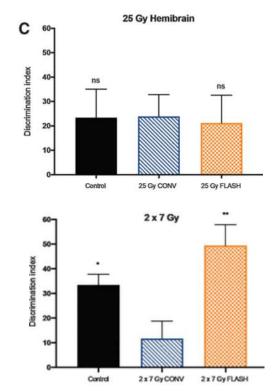


H454 orthotopic glioblastoma model











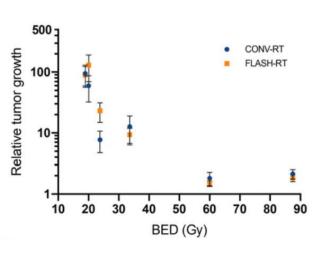
What is the impact of fractionation?

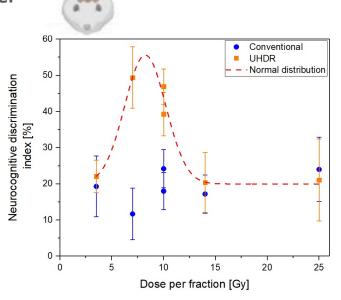


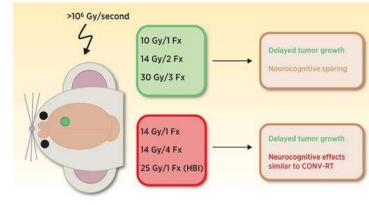




H454 orthotopic glioblastoma model







	4 x 3.5 Gy	1 x 10 Gy	2 x 7 Gy	1 X 14 Gy	3 x 10 Gy	1 X 25 Gy
BED tumor [Gy] $(\alpha/\beta = 10)$	19	20	24	34	60	87
BED brain [Gy] $(\alpha/\beta = 3)$	30	43	47	79	130	233

Data from Montay-Gruel et al. 2021



Volume effect





31 Gy 1 Px 20 p-100 ms

5 m post-RT











20 p-200 ms 150 Gy/s

8 * 8 cm 31 Gy 1 Fx 20 p-100 ms 150 Gy/s













What are the mechanisms responsible for the FLASH effect?









Check for updates

Timothy James Kinsella Warren Alpert Medical School, Brown University, United States

Kristoffer Petersson, University of Oxford, United Kingdon

OPEN ACCESS

P. Jack Hoopes, Dartmouth College, United States

Towards clinical translation of FLASH radiotherapy

Marie-Catherine Vozenin¹, Jean Bourhis¹ & Marco Durante ® ^{2.3}

Mechanisms of FLASH effect

Binwei Lin^{1,2†}, Dan Huang^{3†}, Feng Gao¹, Yiwei Yang⁴, Dai Wu⁴, Yu Zhang¹, Gang Feng¹, Tangzhi Dai¹ and Xiaobo Du^{1*}

National Health Commission (NHC) Key Laboratory of Nuclear Technology Medical *Rasionari Healtin Controlly Mercia (Net-C) resty Laboratory of Nuclear Lettocoly Medical Transformation, Mianyang Central Hospital, Department of Octology, Mianyang Central Hospital, Mianyang, China, *Etate Key Laboratory of Ultrasound in Medicine An Engineering, Chongoging Medical University, Chongging, China, *Department of Medical University, Chin Radiology Mianyang Central Hospital, Mianyang, China, finstitute of Applied Electronics, China Academy of Engineering Physics, Mianyang, China

Annual Review of Cancer Biology

Reinventing Radiobiology in the Light of FLASH Radiotherapy

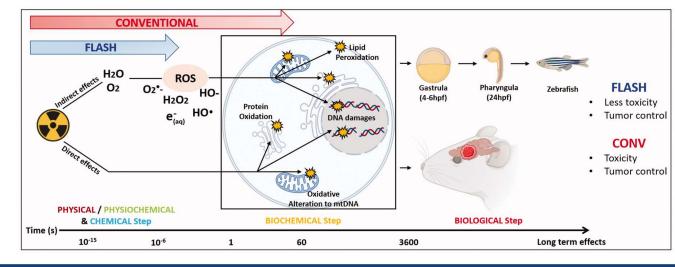
Charles L. Limoli¹ and Marie-Catherine Vozenin²

¹Department of Radiation Oncology, University of California, Irvine, California, USA;

²Laboratory of Radiation Oncology, Radiation Oncology Service and Oncology Department, Lausanne University Hospital and University of Lausanne, Lausanne, Switzerland

More than 20 hypotheses:

- ? Oxygen depletion / transient hypoxia
- ? Radiochemical alteration
- ? Immune response modulation





Take home message



- ❖ FLASH RT spares normal tissue and is equally able to eradicate tumors compared to CONV-RT
- ❖ The effect was demonstrated in multiple pre-clinical models, in a broad range of tissues
- ❖ Preclinical radiobiology studies highlights several challenges to address in order to ensure a rapid and successful transition of the technology to the clinic



Acknowledgment





A. Desmet

N. Blond

C. Destrebecq

A. Daraaoui

G. Houyoux

S. Simon

C. Vanderkerkhove

Prof. V. del Marmol

Prof. M. Suppa



J. Bourhis

O. Gaide

R. Moeckli



S. Adamczyk

M. Swallyee

P. Von Voigts-Rhetz



P. Montay-Gruel

A. Gasparini

D. Verellen





HIIR